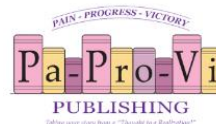


T4 Virtual Summit

T4: Trials, Triumphs, Truths and Tears
May 20 – 21, 2023 (bonus day May 19th)



Our Sponsors



DR. MONICA Y. JACKSON
Author • Speaker • Coach • Consultant

T4 SUMMIT RESOURCES DIRECTORY
[drmonicajackson.com/T4 Summit](https://drmonicajackson.com/T4%20Summit)

Greetings and Welcome from Dr. Monica

Welcome to the T4: Trials, Triumphs, Truths and Tears Summit!

After authoring my book, *Wounds of Wisdom*, in 2021, I created seven courses. Each was entitled "Overcoming" then the chapter titles. I then conducted a public survey asking which of the seven were desired. Overcoming Church Wounds and Overcoming Family Wounds tied for first place! I conducted the survey about a year later, and the results were identical! Ironically, my number one source of trauma and pain is my family followed by the church, which I will share. I guess I was not alone, even though it felt like I was the only one suffering in these areas. I had to ask myself, how did I make it through decades without hearing about the depths of such wounds. This is because most of us have been taught and told to keep silent and do not speak about our trauma. So, many of us have suffered in silence until the silence becomes the greater suffering.

<input type="checkbox"/>	WOW104 Overcoming Church Wounds	25% >
<input type="checkbox"/>	WOW102 Overcoming Business Wounds	5% >
<input type="checkbox"/>	WOW106 Overcoming Family Wounds	25% >
<input type="checkbox"/>	WOW101 Overcoming Workplace Wounds	5% >
<input type="checkbox"/>	WOW105 Overcoming Children Wounds	15% >

As a result, my message, mission and movement quickly became: To unsilence the silenced, give voice to the voiceless and empower individuals to give themselves permission, power and purpose to disrupt debilitating hurt and help organizations embrace authenticity. I wholeheartedly believe that Silence Kills! Speaking Heals!

Upon hearing the T4 Summit speakers, I am certain you will agree that this summit is the most authentic, empowering summit you will have ever attended! It is timely and necessary. I decided to host this event virtually because I was jolted out of my sleep around 3:00 a.m. on February 13, 2023, with an unclouded vision, dates and names of speakers for this T4 Summit.

Social media allowed me to connect and bond with people I never would have met, and perfectly imperfect strangers became known, showed true love, care and concern, especially during the pandemic. They were transparent about their traumas, and I no longer felt alone or embarrassed. May this T4 Summit do the same for you, so you can live and let live with joy and most importantly your peace!

If you keep silent, conform, pretend and do not deal with reality and truth, or do not know the truth, you will remain bound and unable to triumph. Being afraid to speak because you are concerned about what others think (who can't and won't do a thing for you) is self-inflicted pain. Trust your intuition and gut, even if you must stand and walk alone. I passionately believe wisdom is in every wound, and you have the power to rise above the pain.

May this T4: Trials, Triumphs, Truths and Tears Summit empower and encourage you to live like never before. Choose to not allow anyone or anything to rob your peace, from this day forward. I want you to leave this summit committed to being and living your authentic self, loving yourself more and guarding your peace at all cost. Get ready to transform your trials, truths and tears into triumphs!

Triumphing together through our trials, truths and tears!

Dr. Monica

Dr. Monica Y. Jackson
T4 Summit Coordinator & Visionary

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Disclaimer

This event is for educational purposes only and not intended to substitute for professional counseling, legal, medical, financial, spiritual or other advice. Seek professional assistance and dial 9-1-1 in case of emergency. Views expressed belong to individual speakers. Some topics may be triggers. Take necessary precautions. We do not own the rights to any music or non-speaker materials in the public domain. We do not make any implied or expressed outcomes or guarantees and are not liable for any damages. You accept all risks by attending.

To participate in the Live Q & A, use the Zoom link and password below. Live Q & A sessions will not be recorded. Do not share. Please respect everyone's privacy to ensure this is a safe space to share. No part of the T4 Summit may be recorded. Speaker replays will be available for one week following the T4 Summit.

Link for Live Discussions

<https://us06web.zoom.us/j/8608411810?pwd=TFNMTmxTdEtyZIRIdGFBRnZ2M20zQT09>

Meeting ID: 860 841 1810

Password: T4Summit#4

Day 1: May 19, 2023 • 4:30p - 6:00p (Pacific)

Meet 'n Greet with the T4 Summit Speakers (Live Zoom, recorded streamed to Private Facebook Group)

Day 2: May 20, 2023 • Morning Session 8 a.m. - 11:15 a.m. (Pacific)

** Warning: Topics and expressed views of T4 Summit speakers may be triggers **
(Log into the T4 Summit Private Facebook Group)

Welcome & Introduction (Theme Song: "Triumphant" by Omega and Scrub Beats)



T4 SUMMIT SPEAKER: LUKE GREENHEART (Spain)
"Finding Balance in Chaos and Depression" (24:40 minutes)

Luke is on a new, exciting assignment and is unavailable for the live Q & A. A live discussion follows. We'll filter questions to Luke and try to obtain a reply. Watch your email for the bonus gift, courtesy of Luke — The Self: Who am I? (Join Zoom)

Music: I Made It by The Williams Brother, covered by Korean Soul



T4 SUMMIT SPEAKER: LAQUITA PARKS (Georgia)
"Undefined by People's Standards: Overcoming Walking Limitations" (45:19 minutes)

Music: Why Not Me? by Tasha Page Lockhart

Live Q & A with LaQuita Parks (Join Zoom)

NON-SPEAKER: Perry Power (UK) "My Stepmom Rescued Me From Sexual Abuse" (16:06 minutes)

Live Discussion (Join Zoom)



STRETCH & FLEX WITH DR. SHERIDAN JONES (Montana)
Align Chiropractic

Breathing Exercise

Please take necessary precautions and modify activities if you have physical limitations or health challenges.

Morning Empowerment & Reflection (Join Zoom)
Lunch Break

Day 2: May 20, 2023 • Afternoon Session 12:00p - 3:00p (Pacific)

**** Warning: Topics and expressed views of T4 Summit speakers may be triggers ****
(Log into the T4 Summit Private Facebook Group)

Welcome Back



T4 SUMMIT SPEAKER: CHANDRIKA PHEA (Georgia)
"Reconciling Being an Ordained Reverend and Not Wanting to Die a Christian"
(46:14 minutes)

Music: No Ordinary by Labrinth

Live Q & A with Chandrika D. Phea (Join Zoom)



T4 SUMMIT SPEAKER: DR. LEROY MCKENZIE, JR. (Maryland)
"Discovering Your Value and Worth After Financial Setbacks" (44:09 minutes)

Music: The Come Up by Canton Jones

Live Q & A with Dr. Leroy McKenzie, Jr. (Join Zoom)

Stretch & Flex with Dr. Sheridan Jones

Afternoon Empowerment & Reflection (Join Zoom)

Day 2 Closing Remarks

Please join us in the T4 Summit Facebook private group on tomorrow morning.
The Summit will begin promptly at 8:00 am. (PDT).

Have a triumphant rest of your day!

Day 3: May 21, 2023 • Morning Session 8:00a - 11:45a (Pacific Time)

**** Warning: Topics and expressed views of T4 Summit speakers may be triggers ****

(Log into the T4 Summit Private Facebook Group)

Welcome Back



T4 SUMMIT SPEAKER: TARA JONES (Montana)
"Overcoming Childhood Trauma 15 Years Later" (37:18 minutes)

Music: Rivers & Roads by The Head and the Heart

Live Q & A with Tara Jones (Join Zoom)



T4 SUMMIT SPEAKER: ERIC C. CANNON (California)
"Men, Don't Be Afraid to Ask for Help: Mentally, Financially, Physically and Spiritually" (24:49 minutes)

Music: The Love of Money by O'Jays

Live Q & A (Join Zoom)



T4 SUMMIT SPEAKER: MELINDA PITTS (Texas)
"Almost a Teenage Static with Mental Health Challenges" (43:07 minutes)

Music: Broken & Beautiful by Kelly Clarkson

Live Q & A with Melinda Pitts (Join Zoom)



RELAX & STRETCH WITH DR. SHERIDAN JONES (Montana)

Align Chiropractic

Breathing Exercise

Please take necessary precautions and modify the activities if you have physical limitations or health challenges.

Morning Empowerment & Reflection (Join Zoom)

Lunch Break

Day 3: May 21, 2023 • Afternoon Session 12:30p - 3:00p (Pacific)

**** Warning: Topics and expressed views of T4 Summit speakers may be triggers ****
(Log into the T4 Summit Private Facebook Group)

Welcome Back

NON-SPEAKER AUDIO: Erin Billings "To the Pastors That Caused Me Trauma" (14:42 minutes)

Live Discussion (Join Zoom)

NON-SPEAKER AUDIO: Lamonte Faison "Unveiling the Mask of the Pretender" (15:18 minutes)

Live Discussion (Join Zoom)



T4 SUMMIT SPEAKER: DR. MONICA Y. JACKSON (California)

"Family Wounds + Church Wounds = Wisdom + Freedom" (47:09 minutes)

Music: It Pushed Me by JJ Hairston & Youthful Praise

Live Q & A with Dr. Monica Y. Jackson (Join Zoom)

Afternoon Empowerment & Reflection

Closing Remarks

Transform Your Trials, Truths, Tears . . . Triumph!



T4 Summit Speaker

Eric C. Cannon

Financial Planner and Investments Entrepreneur
CALIFORNIA

Eric C. Cannon became a widow and single parent to three young children after losing his high school sweetheart to cancer, following 25 years of marriage. He later cared for his ailing mother, full-time, losing her during the pandemic. If that wasn't enough, one of his business partners became entangled in unethical and illegal practices which put him in a precarious predicament that resulted in seven years, and counting, in litigation with the Securities and Exchange Commission (SEC). The stress and strain have taken a toll on him mentally and physically. He had to make tough decisions to avoid total financial ruin and insanity. How would you navigate through these challenges and could you?

With more than 30 years of experience in the insurance, financial planning and investment banking space, Eric specializes in alternative investment vehicles and develops various capital funding strategies for private companies seeking to raise start-up working capital through public capital markets. He has developed a wide range of estate tax liquidity solutions for ultra-high net worth families and company valuation assessments for small to mid-size business owners. Discover practical ways to navigate through challenging times.

Eric is currently the CEO and Managing Member of Centurypoint Capital Management, LLC. He graduated from the Marshall School of Business at the University of Southern California (USC).

Resources

Consult with the following books:

- Unfu*k Yourself by Gary John Bishop
- The Psychology of Money by Morgan Housel
- The Willpower Instinct by Kelly McGonigal, Ph.D.

Connect with Eric C. Cannon

Email: ecannon@centurypointllc.com

Website: centurypointllc.com

Services: financial planning and investments for businesses



T4 Summit Speaker

Luke Greenheart

Holistic Mental Health Coach
SPAIN

Luke Greenheart battled depression, was suicidal and raised by a mother who had severe schizophrenia. He kept quiet, hid his struggles and never thought he would ever share his innermost experiences. Life was just too painful and without hope. However, he realized that by not sharing was not sharing life. He discovered that breath work and self were paramount to his survival. How are you sharing your life?

After unsilencing his silenced, Luke became a ray of hope, inspiration and motivation. He said that it felt good to talk about his trauma and shared it with anyone who would listen. He started a YouTube channel where he opened up more, healed more and in turn helped others to heal. Quickly seeing his impact on others, he vows to give unconditional love, compassion and kindness. Luke established The Selfish Podcast where he promotes being selfish, as in authentic self care.

Luke says, "My life has gifted me with the pleasure to experience not only extreme suffering but extreme joy too. I use my sufferings, value them and choose to use them to help others who are suffering."

His book, *The Self: Who am I?* is a journey and empowerment to discover identity and purpose, and beautiful insights to pivot and grow your potential.

Luke resides in Spain and lives a simple holistic life, enjoying the beauty of nature and outdoors living. The book can be purchased at [Mybook.to/theseif](https://mybook.to/theseif) from any country. Visit the website for a free consultation session.



Resources

Luke shares internal not external tips, which are what you can control:

- Do breathing exercises
- Journal your thoughts
- Practice self-love

Connect with Luke Greenheart

Email: <https://coachgreenheart.com/contact>

Website: lukegreenheart.com | coachgreenheart.com

Services: holistic mental health coaching

Due to an amazingly new adventure, Luke is unable to join us for a live Q & A. He is graciously gifting T4 Summit attendees with *The Self, Who am I?* (eBook version). This is your bonus gift following the summit. You can purchase a hardcopy at [Mybook.to/theseif](https://mybook.to/theseif)

T4 Summit Speaker & Visionary

Dr.
Monica Y. Jackson

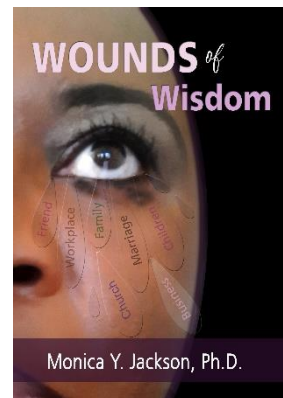
Author • Speaker • Coach • Consultant
CALIFORNIA

Dr. Monica Y. Jackson was betrayed, deceived and abandoned by family and the church, to the point that she no longer finds solace in either. She found herself challenged with mild and moderate depression, and a suicide attempt from these unimaginable heartbreaks. This terrified and taught her to "accept what is until it ain't." She also vowed to never allow any person, place or thing to take her to such despair and empowers others to do the same, with her recent book *Wounds of Wisdom*. She guards her peace at ALL cost! How far would you go to guard your peace or would you simply conform to be accepted and fit others' expectations?

She is purposeful in her message, mission and movement, which is to unsilence the silenced, give voice to the voiceless and empower individuals to give themselves permission, power and purpose to disrupt debilitating hurt through keynote speaking, one-on-one coaching and consulting organization to create holistic, authentic work environments using models and courses she designed, as an extensions of her profession as an instructional designer, certified project manager and certified digital adoption professional.

Dr. Monica has taught adult learners in the community and at the university level for more than 15 years, including critical thinking and problem solving, healthcare leadership, higher education leadership, self-publishing, written communication and more. She offers business analysis, needs assessments, project management and instructional design to businesses. She also offers personal development/coaching and book publishing courses to individuals. Dr. Monica promotes self-care and served on the African American Advisory Board at Parkview Hospital, addressing healthcare disparities in the community.

Academically, she earned a Doctor of Philosophy in Educational Leadership, Master of Business Administration, Bachelor of Science in Computer Science and two Associate of Arts (paralegal studies and liberal arts). She also graduated from Water of Life's School of Ministry to aim to unlearn misteachings.



Resources

Following topics appear on Your Life, Your Voice <https://www.yourlifeyourvoice.org/>

- Your Life Your Voice's [12 Tips to Overcoming Depression](#)
- Your Life Your Voice's [9 Steps to Taking Care of Yourself](#)
- Your Life Your Voice's [Emotional Timeline](#)

Connect with Dr. Monica Y. Jackson

Email: drmonica@drmonicajackson.com

Website: <https://drmonicajackson.com>

Services: keynote speaking, one-on-one and group coaching, consulting, personal and professional self-help courses, book self-publishing, creating authentic work environments and conditions, graphics, project management, instructional design, business analysis



T4 Summit Speaker

Tara Jones

Public Speaker • Digital Adoption Professional
MONTANA

Tara Jones endured family trauma at age 11. At age 16, she was sexually assaulted by one of her closest friends. She suffered multiple miscarriages and has been a victim of inequality against women. Yes, these are her trials, truths and tears. However, they do not define or limit her. Each is a journey of strength, courage, determination and triumph. How are you navigating through your trials, truths and tears or are you simply existing and suffering in silence?

Born and raised in Montana, Tara intentionally defined her future academically, professionally and personally. She has 15 years of specialized experience spanning across industries including healthcare, government, not-for-profits, digital marketing and digital adoption. She earned three degrees from Montana State University Billings, a professional certificate in social media from The University of San Francisco and is currently working on her certificate in Diversity, Equity and Inclusion from eCornell. She is also a member of the Project Management Institute and The Association for Women in Communications. Tara is also a two-time award-winning digital marketer.

Although Tara's path to success was not straightforward, she courageously and authentically shares her trials, triumphs and journey to finding peace and personal success. Tara hopes everyone can light their own way to achieve their dreams and overcome any obstacle they face.

Tara is a wife and mother. She leads an employee resource group for parents and caregivers that supports and encourages parents and caregivers to receive and provide support through connection, mentorship, collaboration and discussion. She provides consultative services to individuals interested in similar initiatives and is committed to supporting, educating, connecting and policy.

Resources

- Me Too <https://metoomvt.org>
- Lantern <https://latern.co>
- Better Up www.betterup.com
- National Exchange Club
www.nationalexchangeclub.org/

Connect with Tara Jones

Email: helenaisheard@gmail.com

Website: <https://www.linkedin.com/in/TaraTJones>

Services: public speaking, social media, diversity, equity and inclusion, parenting and caregiving consulting



T4 Summit Speaker

Dr.
Leroy McKenzie, Jr.

Authorpreneur • Speaker • Business Consultant • CEO
MARYLAND

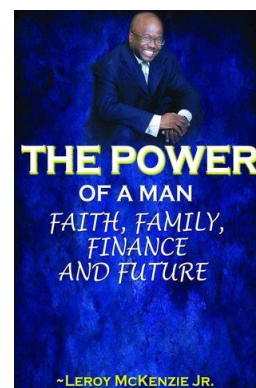
Dr. Leroy McKenzie, Jr. has had his share of challenges while working in corporate America. Experiencing layoffs and being told by an immediate manager, "You will never advance to become a general manager while I am with this company; and you will not go farther than an assistant general manager" can hit you like a ton of bricks. It causes you to question yourself and self-worth, and makes you believe that your future is daunting. This can take a toll on you mentally and certainly financially. How do you start over and rebuild? Where?

Known as the Impact Builder and a master connector with a knack for networking, the power of this man was to dig deep inside and write his own future as an author, speaker, business consultant, CEO and more. In fact, he has written 10 books; three are Amazon bestsellers. One of his books is *The Power of a Man: Faith, Family, Finance and Future*.

Dr. McKenzie, Jr. is a Baltimore native, president and CEO of JNF Enterprises, LLC, a publishing and business consulting firm that focuses on bringing visions to reality – marketing strategies, legal business formation, creating healthy work environments, maximizing productivity, helping new and seasoned entrepreneurs start up, build up, grow up (profitability) and level up.

He owns a Christian apparel line, Try3Jesus and gives back to the community by serving as a board member for several nonprofit organizations and partnerships.

Dr. McKenzie, Jr. earned a Bachelor of Science in Hotel/Restaurant Management from the University of Maryland Eastern Shore and an honorary doctorate from United Graduate College and Seminary International.



Resources

- Score (find a location at score.org)
- Score - Baltimore, Maryland
<https://www.score.org/greaterbaltimore>
- Robin Hayes-Business Advisor, Financial Strategist- www.robinrhaynes.com
- Shanna Jefferson- Psychotherapist, Life & Biz Coach <http://linktr.ee/shannajefferson>

Connect with Dr. Leroy McKenzie, Jr.

Email: jnfenterprisesllc@gmail.com

Website: <http://www.jnfenterprises.com/>

Services: Speaker, business consulting, branding, book publishing consulting, leadership training, professional development services,



T4 Summit Speaker

LaQuita Parks

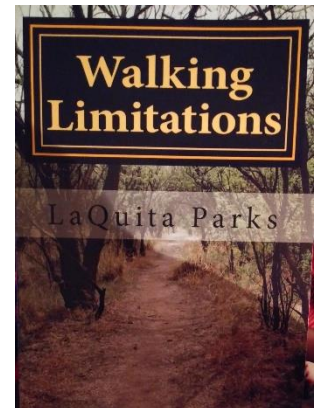
Book Publisher • Podcast Host • Mentor • Coach
GEORGIA

LaQuita Parks endures chronic pain 24 hours per day seven days per week, all because a nurse made an egregious mistake when she was only four years old. It left her crippled and in physical pain for life. She never received any compensation and has not been declared totally disabled by medical doctors for the past 48 years. She struggles but you will never know because somehow, somehow, she presses through unimaginable difficult days and nights with a beautiful smile on her face. How can you show up each day with a smile?

She is the founder and CEO of Pa-Pro-Vi Publishing Company and A Failure 2 Communicate LLC, a relationship communication coach, writing specialist and mentor with a passion for people. She hosts My Heart on Pages podcast and The Power of YOUR Story radio broadcast. She is also the founder and facilitator of EXHALE, a social communication group for women to discuss personal to political issues.

LaQuita created Pa-Pro-Vi Publishing, which stands for pain, progress and victory, to help people start their healing process because she knows that sharing your story can be therapeutic. She also helps authors take their stories "from a thought to a realization." LaQuita is the author of *Walking Limitations*. It is a gut-wrenching story about how a four-year-old little girl goes into the hospital for a simple tonsillectomy and leaves crippled for life. This created a medical tsunami and chronic physical pain, nonstop every day!

LaQuita earned an Associate of Science in Business and has successfully planned, facilitated and mentored coaching sessions for nearly 20 years. As a mentor, she teaches youth and young adults to love themselves from the inside out, through beauty redefined, manhood redefined, a year of discovering me and C.A.T.C.H, a job readiness training program.



Resources

- Mayo Clinic (chronic pain)
mayoclinichealthsystem.org
- Young Living (essential oils)
youngliving.com

Connect with LaQuita Parks

Email: laquita@afailure2communicate.com

Website: www.paprovipublishing.com

Services: book publishing and development, coaching, strategy sessions, content creations, editing



T4 Summit Speaker

Chandrika D. Phea

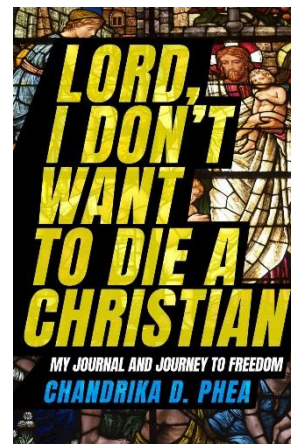
Author • Outdoors Enthusiasts
GEORGIA

Chandrika D. Phea is a licensed and ordained reverend who was born into a devoutly religious family. She is the daughter, niece and grandchild of Christian clergy. After a dramatic shift in her perspective regarding religion and spirituality, it made existing in the church difficult. How would you pivot under such circumstances, or would you simply continue to accept what you have been taught and conform?

As a committed worship leader, Christianity was in her blood, but she did not have an identity outside the church. After teaching Oral English and leading a two-year Bible study in China, this life-changing experience caused her to study the Bible more intently, ask God questions and emerge unsettled. She could no longer preach or believe the same gospel because of a paradigm shift.

Her book, *Lord I Don't Want to Die a Christian* is her personal journal of questions to God about what Christianity taught her. The title probably does not mean what you think it means so read the title again and examine it from a different perspective. Chandrika boldly asks questions that many are thinking but dare to verbalize, much less record on the pages for the world to read. This is her debut, bestseller and two-time award winner — Next Generation Indie Book Award Finalist and Writer's Digest Honorable Mention.

For fun, Chandrika initiates local outdoor events, such as Bikes, Breakfast & Black Girls which provides her community's Black women with safe, trustworthy outdoor experiences. Chandrika graduated from Beacon University with a Bachelor of Arts in Biblical Studies. She offers of herself, "Water, contained, creates resistance. I am, 60% of it." And yes, she loves the Lord!



Resources

Books to Read:

- Do I Stay Christian? A Guide for the Doubters, the Disappointed, and the Disillusioned by Brian McClaren
- God Is Not a Christian, Nor a Jew, Muslim, Hindu...: God Dwells with Us, in Us, Around Us, as Us by Bishop Carlson Pearson

Connect with Chandrika D. Phea

Email: chandrika.phea@gmail.com

Website: <https://linktr.ee/AuthorChandrikaDPhea>

Services: Public speaker, Courageous ConverSAYtion Facebook group facilitator

T4 Summit Speaker

Melinda Pitts

Author • Board Certified Psychiatric Nurse Practitioner
TEXAS

Melinda Pitts found herself struggling with mental health. After giving birth to six children, which includes a set of triplets, she discovered that two of her children were on the high functioning autistic spectrum. Yet, she successfully learned to make time for self-care, her husband, children and career, but this has not always been true. How would you navigate life having not one, but two children with special needs?

Born and bred in Texas, she says she is a true southern girl and loves pouring into others. This and her personal mental health struggles inspired her to become a nurse. Melinda is the proprietor of her very own telepsychiatry practice which treats various psychiatric conditions and mental health focusing on the minority community.

Melinda is a co-author in the book *Cracking the Rich Code: How to be Rich in Any Area of Life (10th Edition)* with Jim Britt and Kevin Harrington. Her contribution focuses on overcoming negative mindsets and beliefs. She established a YouTube channel that helps parents understand and navigate rearing children who are on the high functioning autism spectrum. She also hosts "A Therapized Life" on Instagram where she focuses on helping individuals to be the best version of themselves.

Melinda earned a Bachelor of Science and Master of Science in Nursing from The University of Texas at Arlington, offers psychiatric mental health services, education to teens and adults, and enjoys speaking about mental health and how to parent autistic kids.



Resources

- National Suicide Prevention Lifeline 1-800-273-TALK (8255) <https://suicidepreventionlifeline.org/>
- National Alliance on Mental Illness (NAMI) 1-800-95-NAMI (6264) <https://www.nami.org>
- American Academy of Child & Adolescent Psychiatry: <https://www.aacap.org>

Connect with Melinda Pitts

Email: atherapizedlife@gmail.com

(for mental health)

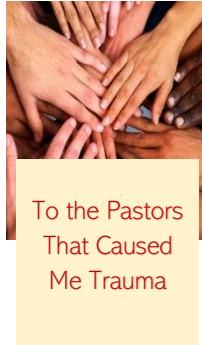
autismtherapized@gmail.com (for autism)

Website: www.atherapizedlife.com

Services: Psychiatric mental health services (teens and adults), high-functioning autism education, mental health management

Additional Resources

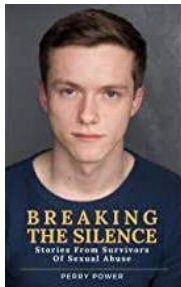
When Dr. Monica Y. Jackson received the vision for the T4 Summit on February 13, 2023, the following individuals were amongst the 10 names for speakers. However, their schedules would not allow them to participate. Due to the power of their stories, Dr. Monica is sharing links to their entire public interviews.



Erin Billings is a fifth generation Pentecostal. She is a former music director and consultant. Church was not a safe place for her. She was sexually harassed while working at various churches and felt protected and respected more outside the church than inside the church. She also discovered that she was paid significantly less as a single, female in church leadership than others who had the same credentials. Are you part of the community that protects the church by turning a blind eye?

She was told to keep silent but began her healing journey by being interviewed by a pastor on her very own podcast, Touchy Subjects.

<https://open.spotify.com/episode/5EPq3KrG9fRX7laWI5NM4x?si=-kl9uzXhSCii32Z8TI2Xcw> (45 minutes)



Perry Power was abandoned by his mother at age four, sexually abused by his step-grandfather at 10 years old, battled shame, depression and suicidal ideation. He was told by his very own father not to tell or speak about the sexual abuse. He breaks his silence and helps others to do the same. What would you do if this were you or if your child told you he or she was being abused by a family member? Who would you protect? What if it is someone else's child?

Interviewed by Gloria Masters: <https://youtu.be/SQnhj7bnv8k> (53 minutes)



Lamonte Faison is a former elder who used the pulpit to prey on women. He manipulated, deceived and did anything to gain the advantage. His motives were devious, and he focused on greed, sex and satisfaction regardless of who he hurt. He lied, cheated and stole from the community. He tells his story, pulls no punches and takes full responsibility for his actions. He finally comes to terms with who he is then records the details in Unveiling the Mask of the Pretender. He warns that the pretender can be you, your minister, your wife or your husband and shares in a candid interview. Lamonte currently helps women in abusive relationships and men with anger management issues.

Interviewed by Dr. Marci Batiste (90 minutes):

https://www.blogtalkradio.com/wydl_chocolate108/2022/03/23/v2v-podcast-w-dr-marci-batiste--special-guest-lamonte-faison

T4 Summit Service Providers



Dr. Sheridan Jones | Align Chiropractic

Relaxation and stretching exercises for the T4 Summit are provided by Dr. Sheridan Jones, a certified chiropractor who operates a private practice with his business partner.

Dr. Jones is full body certified in Active Release and Graston Techniques, with extensive training in spine conditions treatment and problems affecting extremities.

As a certified Titleist Performance Institute medical professional who focuses on evaluating and treating golf-related injuries, and performance issues, he is also a sports fanatic, especially golf and football.

This Conrad, Montana native resides in Helena with his wife (T4 Speaker) Tara, son Thomas and their two dogs. Dr. Jones is also a member of several professional and service organizations. Academically, he started his college career at Carrol College and continued his postgraduate education at Northwestern.

Website: <https://alignhelena.com/>

Facebook: <https://www.facebook.com/AlignChiropracticHelena>

Instagram: @align_chiropractic_helena



Omega | Singer, Producer, Songwriter *with Scrub Beats Music Producer*

Los Angeles, California native, Omega, has been singing and acting since age six. Her impressive resume includes being cast as Dorothy in the Wiz and Anybodys in West Side Story. Some of her singing accolades include performing and recording with R & B artists (Vesta Williams, Glen Jones, Jeffrey Osbourne, The Miracles, For Real, Kari Taylor and countless others), Pop artist Madonna and Hip-Hop artists (Y\$N-Vee, Dr. Dre/Aftermath, Ice Cube, The Westside Connection). She has graced various stages including the Los Angeles Convention Center. Omega was signed to three major record labels (Motown, Polygram and Def Jam). She collaborated with Scrub Beats, a new music producer from Inglewood, California, on the T4: Trials,

Triumphs, Truths and Tears Summit theme song, "Triumphant." Some of Scrub Beats' credits include Y\$N-Vee and theme song for the Kourtney & Eddie Show.

Instagram: @bosslady66



Dr. Monica Y. Jackson Education & Design Services

Dr. Monica is a California native. She coordinated and executed all aspects of the T4 Summit, provided layout and design for the T4 Summit Resources, designed sponsor ads (A Therapized Life, Omega, Scrub Beats, Dr. Monica Y. Jackson Education and Design Services) and logos (Autism Therapized and T4 Summit). Dr. Monica provided voiceover, video recording and editing, marketing, website management, event planning, social media management and registration services for the T4 Summit. She also offers book self-publishing, professional and professional development courses, coaching, consulting, instructional design and

project management to individuals and businesses.

Website: <https://drmonicajackson.com>

Facebook: <https://facebook.com/drmonicajackson2022>

Instagram: <https://instagram.com/woundsofwisdombydrmonica>

Summit Scholarship Recipients

Yvonne S.

Courtesy of Dr. Monica Y. Jackson Education & Design Services

Robert Lawson

Courtesy of LaQuita Parks, Pa-Pro-Vi Publishing

Queenie Clem

Courtesy of Debra A. Hunter, Information Design Consultants, Inc.

Triumphant

Written and Produced by Omega and Scrub Beats
All Vocals by Omega

Chorus

Whatever your trials, you're gonna make it
Shed so many tears feel like you can't take it
Just live in your truth, be authentically you
Triumphant you'll be, God has a plan for you and me,
So don't you give up!

Repeat Chorus

Sometimes in life things may not go your way,
You're barely holding on, it's tough to face this day
Feelings of loneliness, feelings of despair
If someone knew what I was going through,
Would they even care?
How do I win, when my cries are unheard,
Unsilence the silenced while I stand on your word

Repeat Chorus (2 times)

There is solace in knowing that I'm not alone,
Knowing I don't have to face things on my own
"In all thy ways acknowledge him" so that's what I'll do
Praying for strength as I know God will see me through!
So rise up stay prayed up! Get ready for today
Let me hear you say: I won't give up!

Being taught that wrongs are right, causing one to just lose sight
Compromising integrity, oh no, oh no, no longer me!

Nothing can break my stride, nothing can hold me down,
Oh no, I'm gonna keep on pushing
Despite trauma and lies, nothing will hold me down,
Oh no, I'm gonna be triumphant

Repeat Chorus

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PRODUCER

SONGWRITER

Omega

CONNECT

IG: bosslady66

Los Angeles, California

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Summit Replay Package

As a paid registrant, you will have access to the entire summit content, without the live discussions or Stretch and Flex exercises, because live sessions are not recorded. Stretch & Flex videos will be posted in the private T4 Summit Facebook group.

If you would like to view the T4 Summit content after May 28, 2023, you will need to purchase the T4 Summit Replay Package. This is exclusively available to T4 Summit attendees, at a special discounted rate, through May 31, 2023. A link will be placed in the private group.

The price for the T4 Summit Replay Package will be offered to the public at a higher rate than those who attended the T4 Summit. The Summit Replay package only includes United States based T4 Summit speakers and will not include the intros, because they contain music that is protected under the United States copyright laws, and we are not authorized to resale the music. The replay includes messages from the following speakers only:

Eric C. Cannon

Dr. Monica Y. Jackson

Tara Jones

Dr. Leroy McKenzie, Jr.

LaQuita Parks

Chandrika D. Phea

Melissa Pitta

General T4 Summit Replay Package for Purchase (Non-Attendees)

<https://drmonicajackson.com/T4SummitReplays>

** This link becomes activate on May 22, 2023 **

T4 Summit Note Page

Three Major Takeaways

Erin Billings
(AUDIO)

1.	
2.	
3.	

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

T4 Summit Note Page

Three Major Takeaways

Eric C. Cannon
Speaker

1.	
2.	
3.	

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T4 Summit Note Page

Three Major Takeaways

Lamonte Faison
(AUDIO)

1.	
2.	
3.	

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T4 Summit Note Page

Three Major Takeaways

Luke Greenheart
Speaker

1.

2.

3.

T4 Summit Note Page

Three Major Takeaways

1.

2.

3.

Dr. Monica Y. Jackson
Speaker

[illegible]

T4 Summit Note Page

Three Major Takeaways

Tara Jones
Speaker

1.	
2.	
3.	

[illegible]

T4 Summit Note Page

Three Major Takeaways

Dr. Leroy McKenzie Jr
Speaker

1.	
2.	
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T4 Summit Note Page

Three Major Takeaways

LaQuita Parks
Speaker

1.	
2.	
3.	

[illegible]

T4 Summit Note Page

Three Major Takeaways

Perry Power (VIDEO)

1.	
2.	
3.	

[illegible]

T4 Summit Note Page

Three Major Takeaways

Chandrika Phea
Speaker

1.
2.
3.

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T4 Summit Note Page

Three Major Takeaways

Melinda Pitts
Speaker

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Thank You

Special thanks to every attendee, individual who promoted the T4 Summit, advertised, provided services or funded a scholarship. The T4: Trials, Triumphs, Truths & Tears Summit would not have been a success, without you. Additional gratitude is extended to:

T4 SUMMIT SPEAKERS

Eric C. Cannon
Luke Greenheart
Dr. Monica Y. Jackson
Tara Jones
Dr. Leroy McKenize, Jr.
LaQuita Parks
Chandrika Phea
Melinda Pitts

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Erin Billings, To The Pastors that Caused Me Trauma — Touchy Subjects Podcast
Lamonte Faison, Unveiling the Mask of the Pretender — Dr. Marci Baptiste, V2V Podcast Host
Perry Power, Breaking the Silence — Gloria Masters, Handing the Shame Back Podcast Host

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The G.R.E.E.N Foundation "Authenticity & Trauma", hosted by Ernesta Wright
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